

Weight Divisions

Males						Females					
Aged 9 and Under	Aged 10,11,12	Aged 13,14,15	Aged 16,17 (Cadets)	Aged 18, 19 (Junior)	Aged 20 + (Senior)	Aged 9 and Under	Aged 10,11,12	Aged 13,14,15	Aged 16,17 (Cadets)	Aged 18-19 (Junior)	Aged 20+ (Senior)
Kg	Kg	Kg	Kg	Kg	Kg	Kg	Kg	Kg	Kg	Kg	Kg
26	29-34	32-38	39-46	46-50	50-55	26	28-33	31-37	35-42	40-44	44-48
30	41	45	55	55	60	30	37	42	48	48	51
35	47	51	63	60	66	35	41	47	54	51	55
41	53	57	71	66	74	41	45	52	60	55	59
46	59	64	79	74	84	46	49	57	66	59	63
53	65	71	87	84	96	53	54	62	72	63	67
59	71	78	95	96	120	59	57	63-70		67	72
65	72-85	85	96-115	120		65	58-65			72	
		86-94				65					

Please Note:

The weight divisions above are for National competitions, and will be used as a guide for pairing in the SA State Championships. There will be an effort to maximize the number of athletes in a pool, without risking safety of wrestlers.

All athletes must present a signed Indemnity and Release Form as per below.

Age is based on Year of Birth only. That is, if you were born in 1998, you will be classed as 10 years old, irrespective of whether your birthday lies before or after the competition date. This is in accordance with FILA rules.

COMPETITION RULES:

All wrestlers **will need** to be a member of the SAAWA (either through their club or other State Association) – otherwise they will not be eligible to compete since they will not be covered by Insurance. This requires an AWU Athletes book available at the competition. (See Note below)

Competition will be conducted in accordance with FILA Rules; draw will use a modified pairing system.

The Weight Categories listed are in accordance with current FILA Rules and are shown in the Table on of this Entry Form. However, to maximise participation, the weight division athletes will be placed into will be at the discretion of the coach, competition officials, with utmost regard to safety of athletes.

Proof of Age satisfactory to Australian Wrestling Union Inc is required for all competitors in the junior competition. Competitors in the Junior Competition must have been born during the years 1984- 1986 to be eligible to compete.

Cadets may enter the junior competition provided that they turn 17 during 2008, (born during 1991). Juniors may enter the senior competition provided they turn at least 18 during 2008. In both cases Cadets and juniors must present a Medical Certificate and wrestle under the responsibility of their parent/ guardian.

Entry is open to all wrestlers irrespective of whether their relevant Wrestling Club is a member of a Constituent Association of the Australian Wrestling Union.

Any athlete on the AWU Out of competition Drug testing register who has not completed their ASDA athlete's whereabouts form will not be eligible to compete

NATIONAL COMPETITION RULES:

The Australian Sports Drug Agency (ASDA) may conduct Drug Testing during the competition. ASDA may also conduct out of competition testing at any time. If requested by ASDA to undergo drug testing, the competitor must comply with the request. For more information on ASDA Drug Testing please contact ASDA at P.O. Box 345, Curtin ACT 2605, the Drugs in Sport Hotline 1-800-020-506, or visit their website at www.asda.org.au.

Note: Those wishing to compete nationally will need an AWU Athlete Membership Number and a current year AWU stamp. AWU Stamps are \$5 each. AWU Books and Stamps can be issued on the day of a National competition but for \$20 fee. See www.wrestling.com.au -> Information -> Licence Book Information for application forms that can be emailed.

SCHEDULE OF EVENTS

TIME		VENUE
Friday 29th Aug 2008		
6:00 -7:30pm	Weigh-In (Weighing will be available to those arriving on day of competition, but no allowance will be allowed.)	Academy SA Club rooms
Saturday 30th Aug 2008		
9:30am	Opening Ceremony	Christies Beach
10:00am	Freestyle Competition	High School
1:00pm	Break for Lunch	Gym
3:00pm	Greco-Roman Competition	
5:00pm	Medal Presentations	

Wrestling Academy Clubrooms - Yandiah Log Cabin, Oswin Crt, Morphett Vale.

Christies Beach High School - Cnr Beach & Morton Rd, Christie Downs

Notice to Coaches – Coaching Clinic:

There will be a Coach's Clinic on Sunday 31st August. This clinic will contribute towards National Wrestling Specific Coaching Accreditation.

Time and Venue of Clinic will be advised on the day of competition. Please submit your expression of interest to attend this clinic. There will be no cost involved in attending this clinic.

Expression of Interest: Phone 8322 3497, leave your name and contact details. (Speak clearly) or email to martin@wrestling.com.au